**Theme**:” Travelling for Health”
**Duration:** 45min.
**The aims of the lesson:**
*а) educational*: to introduce students with new words and to review grammar material
*b) developing*: to develop the students’ reading, writing and speaking skills and enlarge their vocabulary
*c) up - bringing*: to bring up the students’ interest for the health
**Materials:** Pictures, cards

**I. Organization moment** Ұйымдастыру кезеңі
*Teacher*: Good morning, boys and girls! How are you getting on today? What shall we do today? We are going to deal with the very important problem and the theme of lesson you'll find by yourself. So we have a lot of work today. Let us begin.
1. Who is on duty today?
2. What date is it today?
3. What season is it now?
4. What day of the week today?
5. How is the weather today?

**II. Warm - up**. Фонетикалық жаттығу
Look at the screen, my dears! In the blackboard photo of dinosaur.

– Children I know what to do. We must guess some letters. (Сандардың астында қандай әріп жасырынғанын тауып көріндер, және бізде қандай сөз құралды?)

Look at the ABC.
Number 8 is… H
Number 5 is… E
Number 1 is… A
Number 12 is… L
Number 20 is… T
Number 8 is… H
Very good for you! And as you know the theme of our lesson about health. Today we'll travel to Health town! Are you ready! Look please at the blackboard and let's read the poem altogether!

To be healthy in your life,
Don’t forget to do all five!
Get up early, quick and bright
Exercise with all your might.

**III. Checking the home task**. Үй жұмысын тексеру
We have already came to Health town doors and you should open it. I think you should open the door telling a poem about health!

Sport is fun for girls and boys.
It's much better than the toys.
You can sledge and ski and skate
And play snowballs with Kate.
You can swim and play football,
Hockey, tennis, basketball,
You can jump and you can run.
You can have a lot of fun.

IV. Presentation. Түсіну.
Oh, very good for you! You have opened the door but there are some rules in health town. Let's say what is right and what is wrong?