**Фрагмент урока “How to be healthy?”**

**6 th form**

1. **Вступительное слово.**

Уважаемые гости, коллеги! Сейчас мы покажем вам фрагмент интегрированного урока  **Английский язык+Информатика** по теме

«Как быть здоровым?» в 6 классе. Основная цель этого фрагмента – отработка лексики по теме, а также закрепление модального глагола **should** в процессе работы с таблицами на компьютерах.

1. **Приветствие и разработка понятия “Health” творческим методом воображения.**

**Т:** Hello, children! I hope you’re ready! Let’s start! Here comes the doctorwho wants to tell you smth. Listen to him attentively, try to memorise his advices.

**(**Приходит доктор)

**Doctor:** Hello, children! I’m a doctor of Medicine. Here are some useful advices. I advise you to ignore the lift, do morning exercises, walk a lot. Don’t smoke, train your body, exercise your memory, eat a lot of vitamins. Don’t eat unhealthy food. ( Doctor goes away).

**T:** **What did the doctor advise you?**

 **What do you think about when you hear the word “health”?**

**P1:** I think of sport because it helps us to be healthy and strong.

**P2:** As for me, I think of nature, as we can breath fresh air walking in the fields and forests.

**P3:** I think of food. It’s necessary to eat healthy food.

**P4:** Music helps to cure people.

**T: As for food, I must say that it’s very important to know what you eat. Look at these foods and say which do you think are healthy and unhealthy.**

**P1:** I think healthy foods are : carrots, cabbages, bananas, apples, jogurt, tomatoes,salads…

**T:** And what food is unhealthy?

**P2:** Hamburgers, pizza, hot dogs, crisps, etc.

**T:** OK, thank you.

1. **Работа с таблицами ( лексико-грамматические упражнения)**

**T:** Now we’re going to do some tasks with the help of the computers.

**The task is:** to fill in the table: what you should or shouldn’t do to be healthy. I give you 1-2 minutes to do the task.

**Cl** выполняет задание.

**T: OK, time is out, let’s check the task.**

 **IV. Итоги**